



L A D Y M O N A R C H G a m e D a y N o t e s

2007 LADY MONARCH SCHEDULE

Day	Date	Opponent	Time
Sat.	Aug. 25	PENN STATE	1:00 p.m.
Sun.	Aug. 26	MIAMI (OH)	1:00 p.m.
Fri.	Aug. 31	MARYLAND	5:00 p.m.
Sun.	Sept. 2	VIRGINIA	1:00 p.m.
Fri.	Sept. 7	at Michigan	Noon
Sat.	Sept. 8	vs. UConn (at Michigan)	Noon
Fri.	Sept. 14	at North Carolina	6:00 p.m.
Sun.	Sept. 16	at Duke	1:00 p.m.
Sat.	Sept. 22	RADFORD	1:00 p.m.
Sun.	Sept. 23	NORTHEASTERN *	1:00 p.m.
Fri.	Sept. 28	at Towson *	4:00 p.m.
Sun.	Sept. 30	at Delaware *	1:00 p.m.
Sat.	Oct. 6	HOFSTRA *	1:00 p.m.
Sun.	Oct. 7	DREXEL *	1:00 p.m.
Fri.	Oct. 12	at Maryland	5:00 p.m.
Sun.	Oct. 14	DUKE	1:00 p.m.
Sat.	Oct. 20	at James Madison *	1:00 p.m.
Sun.	Oct. 21	at Virginia Commonwealth *	1:00 p.m.
Sat.	Oct. 27	NORTH CAROLINA	1:00 p.m.
Sun.	Oct. 28	at William & Mary *	1:00 p.m.

CAA Tournament

Wed.	Oct. 31	CAA Tournament Quarters . . . at highest seed
Sat.	Nov. 3	CAA Tournament Semis . . . at Nat'l Training Ctr.
Sun.	Nov. 4	CAA Tournament Finals . . . at Nat'l Training Ctr.

*CAA Conference Game

(Note: All rankings are at time of play)

LADY MONARCH STAT LEADERS (End Of 2006 Season)

Name:	Goals:	Assists:	Points:
Dana Sensenig	20	16	56
Denise Admiraal	13	5	31
Nico van Nispen	10	8	28
Caroline Nichols	10	4	24
Darcy Pinchbeck	9	3	21
Jo Ann van Aswegen	6	2	14
Katelyn Smither	1	6	8
Sami McLeneagan	3	1	7

Name:	Saves:	Sv%:	GAA:
Kelly Driscoll	59	.776	0.72

CAA STANDINGS (as of August 24th)

Team:	CAA			Overall		
	W	L	Pct.	W	L	Pct.
Old Dominion	0	0	.000	0	0	.000
James Madison	0	0	.000	0	0	.000
Hofstra	0	0	.000	0	0	.000
William & Mary	0	0	.000	0	0	.000
Northeastern	0	0	.000	0	0	.000
Delaware	0	0	.000	0	0	.000
Towson	0	0	.000	0	0	.000
VCU	0	0	.000	0	0	.000
Drexel	0	0	.000	0	0	.000

ATHLETIC MEDIA RELATIONS

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WEEK ONE:

No. 6 Old Dominion (0-0, 0-0 CAA) at
Sat. Aug. 25 - No. 7 Penn State (0-0, 0-0 BIG 10)
Sun. Aug. 26 - (RV) Miami (Ohio) (0-0, 0-0 MAC)

ABOUT THE LADY MONARCH FIELD HOCKEY TEAM:



● **THIS IS HOW WE START:** Old Dominion opens up the season with Penn State for the fourth straight season. Last year the Lady Monarchs played their way to a 3-1 victory in State College. Old Dominion is 28-5 all-time in season openers and have not lost a season opening contest since 2001.

● **RANK 'EM UP:** In all, Old Dominion will take on eight teams featured in the STX/NFHCA Poll's top 20, including four of the top five featured and six of the list's top 10.

● **AND YOUTH SHALL LEAD YOU:** Old Dominion will field a rather young squad featuring three seniors, two juniors, and seven sophomores and eight freshmen. Five starters and nine letter-winners return from last year's 19-4 team.

● **LAST TIME VS. PENN STATE:** The fourth ranked Old Dominion field hockey squad opened the 2006 season with a 3-1 victory over seventh ranked Penn State back on August 26, 2006. The Lady Monarchs never trailed in the contest striking first with 10 minutes into the game and former Lady Monarch Dana Sensenig putting away the game-winner just before halftime. 2006 CAA Player and Defender of the Year Caroline Nichols captured ODU's first goal of the season off the Lady Monarchs' first penalty corner attempt of the game. Nichols shot on goal where the ball deflected off Penn State netminder Jen Beaumont and into the net for the 1-0 lead. Current junior Katelyn Smither and Sensenig recorded the assist. Sensenig would register what would become the eventual game-winner with less than a minute left in the first half. Current senior Shannon Mobley fed Sensenig a pass near the left side of the cage for the 2-0 advantage. Penn State thwarted the shutout in the early minutes of the second half. Natalie Blasco managed to intercept the ball from the Lady Monarchs to feed Annelise Legel for the score. The Lady Monarchs did manage one more score before the end of the game with soon-to-be CAA Rookie of the Week Katie Ueberroth finding her way to the back of the Nittany Lion net in a scramble in front of the cage. The teams were even in shots in the first half 4-4 but ODU outshot Penn State 7-3 in the second half and ended the game with an 11-7 advantage. The Nittany Lions were only able to take two shots that were not the result of penalty corners. In net, Kelly Driscoll picked up the win in her collegiate debut. Driscoll posted two saves.

● **LAST TIME VS. MIAMI (OHIO):** The Old Dominion field hockey team returned to the win column following a 4-3 loss to Michigan by routing Miami (Ohio), 7-0, in a neutral site contest back on September 11, 2005. Current US National Team member and then junior Dana Sensenig, who tallied two goals, was one of six Lady Monarchs to reach the back of the RedHawks cage in ODU's largest shutout victory since a 11-0 win over Towson back on October 10th, 2003. Old Dominion fired off 32 shots, while holding Miami (Ohio) to only five first half shots. The Lady Monarchs also racked up 18 corner attempts compared to the two taken by the RedHawks. Former forward Daphne Admiraal started the scoring barrage early and tallied what would turn out to be the game-winner a mere 2:22 into the contest. Before the end of the first half, former Lady Monarch Caroline Nichols, Sensenig, and 2005 Player of the Year Janelle Engle would each earn

SERIES WITH THE OPPONENTS:

PENN STATE:

2007 Record: 0-0, 0-0 BIG 10

2006 Record: 16-6, 4-2 BIG 10

All-Time Vs: 13-8 - ODU

First Meeting: 1982 - W, 4-3 (OT)

Last Meeting: 2006 - W, 3-1

Common Opponents: Virginia, Connecticut, James Madison, North Carolina, Michigan

MIAMI (OHIO):

2007 Record: 0-0, 0-0 MAC

2006 Record: 20-12, 6-4 MAC

All-Time Vs: 2-0 - ODU

First Meeting: 1992 - W, 7-0

Last Meeting: 2005 - W, 3-1

Common Opponents: William & Mary

Note: Miami (Ohio) will play Longwood Sat.

STX/NFHCA POLL:

Preseason Poll

<u>Institution (record)</u>	<u>Points</u>
1. <i>University of Maryland</i>	673 (18)
2. Wake Forest University	623 (1)
3. <i>University of North Carolina</i>	573 (14)
4. <i>Duke University</i>	554
5. <i>University of Connecticut</i>	551
6. Old Dominion University	543
7. <i>Penn State University</i>	487 (1)
8. <i>University of Virginia</i>	398 (1)
9. Boston College	317
10. University of Iowa	302
11. <i>James Madison University</i>	284
12. <i>University of Michigan</i>	281
13. Ohio State University	271
14. University of Louisville	235
15. Indiana University	183
16. American University	173
17. Providence College	146
18. Princeton University	119
19. Michigan State University	110
20. Boston University	109

Also Receiving Votes: University of California, Berkeley (95), *Northeastern University* (49), University of Richmond (44), *College of William & Mary* (33), Syracuse University (32), Stanford University (29), *Hofstra University* (28), Ohio University (25), University at Albany (21), Villanova University (10), *University of Delaware* (9), Rutgers University (9), West Chester University (7), Northwestern University (5), Dartmouth College (4), Kent State University (4), Bucknell University (3), *Miami University (OH)* (3), University of Pennsylvania (3), Cornell University (2), College of the Holy Cross (1), Lock Haven University (1), University of Massachusetts (1).

Previous Rankings:

Preseason: #6

*** Italics Denotes 2007 Opponent*

WOMEN'S FIELD HOCKEY.COM POLL:

Final 2006 Poll

<u>Institution</u>
1. Wake Forest
2. <i>Maryland</i>
3. Old Dominion
4. <i>Connecticut</i>
5. Ohio State
6. <i>Duke</i>
7. <i>Virginia</i>
8. <i>Penn State</i>
9. Boston College
10. <i>UNC</i>
11. Iowa
12. Providence
13. California
14. <i>Michigan</i>
15. <i>James Madison</i>
16. Louisville
17. <i>Richmond</i>
18. Indiana
19. <i>Princeton</i>
20. <i>Hofstra</i>

Previous Rankings:

*** Italics/Bold Denotes 2006 Opponent*

ODU IN THE NATIONAL STATS:

FINAL 2006 STATS

Winning Percentage:

3.864

Scoring Defense:

2.0.63

Scoring Offense:

3.3.73

Margin Of Victory:

2.3.04

Points Per Game:

10.Dana Sensenig2.36

Goals Per Game:

19Dana Sensenig0.82

Assists Per Game:

7Dana Sensenig0.73

Goals Against Average:

1.Kelly Driscoll0.63

Save Percentage:

4.Kelly Driscoll800

Penalty Strokes:

1.Dana Sensenig5

QUICK FACTS:

GENERAL:

Name of School:Old Dominion University
City, Zip:Norfolk, Va. 23529-0201
Founded:1930
Enrollment:21,000
Nickname:Lady Monarchs
School Colors:Slate Blue, Sky Blue, & Silver
Home Field:Foreman Field (Astroturf)/20,000
Conference:Colonial Athletic Association
President: ...Dr. Roseann Runte (SUNY New Paltz '68)
Athletic Director: ...Dr. Jim Jarrett (SIU-Carbondale '59)
Athletic Dept. Phone:(757) 683-3375

COACHING STAFF:

Head Coach:Beth Anders (Ursinus '73)
Career Record:480-82-7/23 seasons
Record at ODU:480-82-7/23 seasons
Assistant Coaches: ...Susan Myers (Slippery Rock '73)
.....Gwen Alexander (West Chester '73)
.....Robin Smith (Old Dominion '92)

TEAM INFORMATION:

2006 Record:19-4
2006 Conference Record:8-0/2nd
2006 Post Season:NCAA First Round
Final Ranking: #3 NFHCA/Women's Field Hockey.com
Letterwinners Returning/Lost:9/9
Starters Retuning/Lost:5/6

Top Returning Players:

<u>Name:</u>	<u>Pos:</u>	<u>Cl:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#2 Jo Ann van Aswegen	MF	Sr.	6	2	14
#23 Katelyn Smither	B	Jr.	1	6	8
#6 Sami McLenegan	B	Sr.	3	1	7

Key Losses:

<u>Name:</u>	<u>Pos:</u>	<u>G:</u>	<u>A:</u>	<u>Pts:</u>
#14 Dana Sensenig	MF	20	16	56
#13 Denise Admiraal	F	13	5	31
#5 Nico van Nispen	MF	10	8	28

ODU IN THE CAA STATS:

FINAL 2006 STATS

Winning Percentage:

1.864

Scoring Defense:

1.0.63

Scoring Offense:

1.3.67

Margin Of Victory:

1.3.04

Points (Total):

1.Dana Sensenig52
4.Denise Admiraal30
5.Nico van Nispen27
6.Caroline Nichols24

Points Per Game:

1.Dana Sensenig2.36
4.Denise Admiraal1.36
6.Nico van Nispen1.23

Goals (Total):

2.Dana Sensenig18
4.Denise Admiraal13
5T.Nico van Nispen10
5T.Caroline Nichols10
8T.Darcy Pinchbeck9

Goals Per Game:

2.Dana Sensenig0.82
4.Denise Admiraal0.59
9T.Nico van Nispen0.45

Assists (Total):

1.Dana Sensenig16
4T.Nico van Nispen7
9T.Katelyn Smither6

Assists Per Game:

1.Dana Sensenig0.73
8T.Nico van Nispen0.32

Shutouts:

1.Kelly Driscoll12

Goals Against Average:

1.Kelly Driscoll0.63

Save Percentage:

2.Kelly Driscoll800

RECORD BOOK:

GOALS:

1t. Maaik Hilbrand	167
1t. Marina DiGiacomo	167
3t. Christy Morgan	86
4. Kim Miller	82
5. Angie Loy	77
6. Laura Knorr	76
7. Tiffany Snow	71
8. Jill Fisher	70
9. Robin Smith	66
10. Kelli James	65

ASSISTS:

1. Jill Reeve	138
2. Winnifred Sanders	134
3t. Pam Neiss	80
3t. Marina DiGiacomo	80
5. Carolyn Sarr	66
6. Kelli James	66
7. Cheryl Van Kuren	61
8. Adrienne Yoder	61
9. Angie Loy	56
10. Dana Sensenig	53

POINTS:

1. Marina DiGiacomo	414
2. Maaik Hilbrand	372
3. Christy Morgan	219
4. Angie Loy	210
5. Kim Miller	200
6. Kelli James	196
7. Tiffany Snow	181
8t. Laura Knorr	171
8t. Dana Sensenig	171
10. Jill Fisher	165

DID YOU KNOW...????????????????

- Old Dominion is the only school to have appeared in every NCAA Tournament since its inception in 1981 for a total of 26 appearances.
- The Lady Monarchs have won an NCAA record nine national championships...1982, 1983, 1984, 1988, 1990, 1991, 1992, 1998, 2000
- Of the their 26 NCAA Tournament appearances the Lady Monarchs have made, Old Dominion has reached the Final Four 16 times most recently in 2005.

goals to give ODU the 4-0 lead at intermission. Moments into the second half the Lady Monarchs continued to be scoring machines as Denise Admiraal, sister of the Lady Monarchs game-winning scorer, put away the first of three ODU second half tallies. Former Lady Monarch Jennifer Angat and Sensenig's second goal of the afternoon would round of the Old Dominion scoring for the day.

- **HEY COACH:** Opponent coaches this weekend may seem familiar to longtime ODU field hockey fans. Char Morrett, now in her 21st season with Penn State, was an assistant under ODU head coach Beth Anders from 1980-1984. Morrett helped coach the Lady Monarchs to their first three national champions. At the helm of the Miami (Ohio) program is hall of famer Jill Reeve. Reeve, now in her second season with the Redhawks, was the most recent field hockey inductee into the hall after capturing an NCAA record 138 career assists. She helped the Lady Monarchs earn three straight NCAA titles from 1990-92.
- **COMING UP:** The Lady Monarchs are home for another weekend. Old Dominion host two-time defending national champion, Maryland, on Friday, August 31st at 5:00 p.m. and No. 8 Virginia on Sunday, September 2nd at 1:00 p.m.